








MAPQUEST.

START West Hills Athletic Club:
 269-387-0410
 2001 S 11th St,
 Kalamazoo, MI 49009, US

END Court One Athletic Club:
 517-372-9531
 1609 Lake Lansing Rd,
 Lansing, MI 48912, US

Total Est. Time:
 1 hour, 22 minutes

Total Est. Distance:
 86.04 miles

Maneuvers	Distance
START 1: Start out going SOUTH on 11TH ST S toward STADIUM DR.	0.1 miles
 2: Turn LEFT onto STADIUM DR.	<0.1 miles
 3: Merge onto I-94 BR W / US-131 S toward THREE RIVERS.	2.3 miles
 4: Merge onto I-94 E via EXIT 34A toward DETROIT.	34.3 miles
 5: Merge onto I-69 N via EXIT 108 toward LANSING.	37.0 miles
 6: Merge onto I-496 E via EXIT 95 toward DOWNTOWN LANSING.	8.0 miles
 7: Merge onto US-127 N via EXIT 8 toward FLINT / CLARE.	2.6 miles
EXIT 8: Take the LAKE LANSING RD exit.	0.3 miles
 9: Turn LEFT onto W LAKE LANSING RD.	1.0 miles
END 10: End at Court One Athletic Club 1609 Lake Lansing Rd, Lansing, MI 48912, US	

Total Est. Time: 1 hour, 22 minutes **Total Est. Distance:** 86.04 miles



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