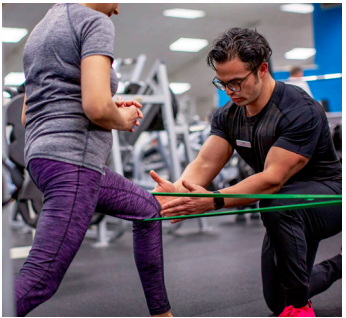


Why hire a personal trainer at West Hills?

Because quality of life matters. When you invest in a trainer at West Hills you are making a commitment to yourself and the people in your life who are important to you. Our trainers are experienced, educated professionals that will keep you on track to achieve your health, fitness or weight loss goals in a safe and expedient manner!



Increase mobility!



Improve performance!



Have some fun!



Achieve your goals!

Member and Guest introductory packages:*

1 on 1

3 hours: \$162

Dual

3 hours: \$102

*Must be a first time client. All prices are per person.

Member rates

1 on 1

1 hour: \$64

5 hours: \$290

10 hours: \$560

20 hours: \$1080

Dual*

1 hour: \$38

5 hours: \$180

10 hours: \$350

20 hours: \$680

Private Group Training*

(must have 3 people or more)

1 hour: \$32

4 hours: \$120

12 hours: \$336

Guest rates

1 on 1

1 hour: \$66

5 hours: \$330

10 hours: \$660

Dual*

1 hour: \$43

5 hours: \$215

10 hours: \$430

Private Group Training*

(must have 3 people or more)

1 hour: \$35

4 hours: \$140

12 hours: \$420

*All prices are per person

